

East Bay Gymnastics, Inc.  
54 Gooding Ave.  
Bristol, RI 02809  
401-253-1267

## 2009 Summer Program

July 6 - August 28

Don't miss out on the Summer Fun at East Bay!

Gymnastics - Swimming - Arts & Crafts

Lots of Learning Fun!

Summer fun for Beginner thru Advanced students ages 4.5 & up!  
Children will be grouped according to age & ability

1/2 Day Campers Mon thru Fri 9:00am - 12noon  
Full Day Campers Mon thru Fri 9:00am - 3:00pm  
(early drop off & late pick up options available)

USAG Team Training - 'Night Camp'  
Cheer Tumbling

### Summer Camp Weeks

July 6-10

July 13-17

July 20-24

July 27-31

Aug 3-7

Aug 10-14

Aug 17-21

Aug 24-28

# Day Camps

## What will my child be doing during Camp?

The children will be working on 5 different gymnastic events each day, plus will go swimming in our beautiful pool! The mini campers will also get to do some fun arts & crafts projects. At the end of the week they will get to take home their arts & crafts project as a memento of their fun filled week of learning!

## East Bay Gymnastics Curriculum

The curriculum is designed to provide an, achievement-oriented program of progressive skills, conditioning and flexibility. Our gymnastics curriculum is based on the USA Gymnastics Jr. Olympic Program as well as our many years of experience teaching gymnastics to children.

## What should my child bring to camp?

Girls should wear a leotard.

Boys should wear a T-shirt & elastic waist shorts.

Please have the kids wear sneakers for walking & playing outdoors.

If your child wears a watch or jewelry, let them leave it with you before camp.

For swimming, please pack a bathing suit & towel as well as any 'water muscles', 'floaties', etc. that they may use when swimming.

Please pack sunscreen!!

Children should bring a healthy snack, for mid-morning break, as well as a healthy lunch. No soda, please!

## Our Teachers

Our teachers are specially selected and trained to safely bring out the best in each child by encouraging each child to exceed their perceived limitations. Without question, it is our special teachers who have made East Bay Gymnastics such a wonderful place for kids for so many years!

## Make Ups

It is always best to attend your regularly scheduled class. When an emergency occurs, please call our office and we will do our best to arrange a make-up in a like-kind class. Note: the number of make-ups we accept in any class is limited hence, make-ups are *not guaranteed* and in all cases are limited to 1 per camp.

**Tuition Information.....If you have any questions call 253-1267**

**Each 1/2 day camp week is \$150 (Monday thru Friday 9am-12noon)**

**Each Full Day camp week is \$250 (Monday thru Friday 9am -3pm)**

**Early drop off 8am -9am &/or late pick up 3pm - 4pm \$5 each time flat rate**

**We regret we cannot offer a late pick up for 1/2 day campers.**

## How to Register for Summer Camps

### First, Choose Your Camp Weeks & Fill Out the Registration Form

\*Please consider your summer plans when choosing your weeks as class size is strictly limited and we cannot guarantee you can change weeks mid-way through the summer.

\*Please fill out the registration form completely, remember, you put us in charge of your children when they are at our gym, we need to have up-to-date & accurate information on all of the children.

\*Plan your rides! We can accommodate early drop off from 8-9am for \$5 per day and late pick ups for Full day campers from 3-4pm for \$5 per day.

We regret we cannot offer a late pick up for 1/2 day campers, if you cannot pick up by noon, please sign up for a full day camp.

### Second, Send in Your Registration With 50% Deposit by May 15th

\*Please mail your registration & payment to:

East Bay Gymnastics, Inc. 54 Gooding Ave Bristol, RI 02809

After May 15th full payment is due with registration.

\*Registrations will not be processed unless they are accompanied by payment. Please make checks payable to "East Bay Gymnastics, Inc."

\*All Tuition for all camps must be paid in full by the first day of first camp.

\*Families with 2 or more children attending camp receive 10% off.

Please register each child on a separate form, but do send them in together so we can process them correctly.

**All Camps will be filled on a first come first served basis  
Don't wait until the last minute!**

Please feel free to call 253-1267  
if you have any questions or concerns.

**See you at camp!!**

**East Bay Gymnastics**

54 Gooding Ave. Bristol, RI 02809

**SUMMER DAY CAMP REGISTRATION**

Student's Name \_\_\_\_\_

Sex \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent's Names \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Are there any medical conditions/food allergies to which we should be alerted?  
\_\_\_\_\_

Primary Health Insurance

(ex. Blue Cross/Blue Shield) \_\_\_\_\_

Approved Drivers (other than parents)

\_\_\_\_\_ phone \_\_\_\_\_

\_\_\_\_\_ phone \_\_\_\_\_

**ASSUMPTION OF RISK, WAIVER OF LIABILITY, MEDICAL AUTHORIZATION**

As legal guardian of \_\_\_\_\_, I recognize that potentially severe injuries, including permanent paralysis or death can occur in sports or activities involving height or motion, including but not limited to gymnastics, tumbling, trampoline, dance, cheerleading, & swimming. Being fully aware of these dangers, I voluntarily consent to the aforementioned child participating in any & all East Bay Gymnastics, Inc. programs, camps, and activities and I ACCEPT ALL RISKS associated with that participation.

In consideration for allowing my child to use these facilities, I, on my own behalf and on the behalf of my child, hereby COVENANT NOT TO SUE and FOREVER RELEASE East Bay Gymnastics, Inc., its officers, directors, administrators, employees or agents from all liability for any and all damages or injuries suffered by my child while under the instruction, supervision, or control of East Bay Gymnastics, Inc.

In the event of an accident or emergency I would like my above mentioned child to be taken to a hospital via ambulance for medical treatment and I hold East Bay Gymnastics, Inc. and its representatives harmless in their execution of this action. I have read & understand this ASSUMPTION OF RISK and WAIVER OF LIABILITY and MEDICAL AUTHORIZATION and I VOLUNTARILY affix my name in agreement.

Parent or Legal Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please fill out all camp week details on other side of this form --->  
& write in total due for summer below - Thanks!**

**Total due for Summer = \_\_\_\_\_**

**50% deposit due by May 15th-balance due by first day of first camp**

deposits are non refundable unless first choice is not available

**After May 15th full payment is due with registration**

\_\_\_ Discover

Name on credit card: \_\_\_\_\_

\_\_\_ Mastercard

Card Number: \_\_\_\_\_ Exp. date \_\_\_\_\_

\_\_\_ Visa

Signature \_\_\_\_\_

\_\_\_ Am. Express

# CAMP DETAILS

## July 6-10

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## July 13-17

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## July 20-24

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## July 27-31

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## Aug 3-7

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## Aug 10-14

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## Aug 17-21

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## Aug 24-28

1/2 day = \$150       full day = \$250

early drop off 8-9am = \$5 per day       late pick up 3-4pm = \$5 per day

days needed M T W Th F      days needed M T W Th F

Total due for week = \_\_\_\_\_

## USAG Competitive Teams

For the most talented & dedicated athletes, USAG team is a wonderful way to develop skills & routines. It is a demanding program requiring many hours of hard work, but the rewards are well worth the effort. **Athletes must meet strict strength & flexibility requirements, and be willing to practice year 'round.** When routines are ready, athletes will compete against other clubs, working towards qualification to championship competitions as well as moving up through the Levels, increasing their skill level as they go. **Team isn't for everyone, but the rewards for those who qualify are well worth the hard work.**

### Night Camp - All Levels

Mon thru Thurs 5-9pm                      \$625 flat rate for summer July 6 - Aug 28

We encourage all our night campers to attend as many practices as possible.

- \*All team members who practice on Saturday 12:30-4 are eligible for night camp.
- \*All team members who work out T/Th/F 4-6 are required to attend a minimum of 3 weeks of 1/2 day, day camp.
- \*All students who qualify for Pre Team are required to attend a minimum of 3 weeks of 1/2 day, day camp.

## Summer Cheer/Tumbling

**Beginner thru Advanced - Tuesday &/or Thursday 3-4pm**

Students can sign up for 6 classes @ \$85  
or 12 classes @ \$160

Students have the 8 week summer schedule to complete their classes.

Students may attend any scheduled class in their level during the summer until they complete their 6 or 12 classes.

There will be no credits for unused classes.

Students must be signed in & out as always.

**East Bay Gymnastics** 54 Gooding Ave. Bristol, RI 02809  
**SUMMER NIGHT CAMP & CHEER REGISTRATION**

Student's Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Parent's Names \_\_\_\_\_  
 Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_  
 Are there any medical conditions/food allergies to which we should be alerted?  
 \_\_\_\_\_  
 Primary Health Insurance (ex. Blue Cross/Blue Shield) \_\_\_\_\_  
 Approved Drivers (other than parents)  
 \_\_\_\_\_ phone \_\_\_\_\_  
 \_\_\_\_\_ phone \_\_\_\_\_

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In the event of an accident or emergency I would like my above mentioned child to be taken to a hospital via ambulance for medical treatment and I hold East Bay Gymnastics, Inc. and its representatives harmless in their execution of this action. I have read & understand this ASSUMPTION OF RISK and WAIVER OF LIABILITY and MEDICAL AUTHORIZATION and I VOLUNTARILY affix my name in agreement.

Parent or Legal Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

**CAMP INFORMATION**

**USAG Team Level** \_\_\_\_\_  
 \_\_\_ Flat rate = \$625

**Cheer Tumbling Level** \_\_\_\_\_  
 \_\_\_ 6 classes \$85  
 \_\_\_ 12 classes \$160

**Total due =** \_\_\_\_\_ (families take 10 % this total) **Family Rate Total=** \_\_\_\_\_

**50% deposit due by May 15th - balance due by first day of camp**  
**After May 15th full payment is due with registration**

\_\_\_ Discover  
 \_\_\_ Mastercard Name on credit card: \_\_\_\_\_  
 \_\_\_ Visa Card Number: \_\_\_\_\_ Exp. date \_\_\_\_\_  
 \_\_\_ Am. Express Signature \_\_\_\_\_